

**Donate Now** 

Become A Member



## June 2023



Would you like to learn how to express your commitment to the goals of The Arc of Fort Bend County? You could do this through a planned gift. Once you have provided for loved ones in your will, you may want to include a gift of money, stock or property to The Arc. Your gift will be a lasting tribute to your concern for the advocacy, services and programs The Arc provides, while guaranteeing our long-term future.

Did you know that annually, individuals 70.5 and older can transfer up to \$100,000 as a Qualified Charitable Distribution (QCD) from their traditional IRA\* to a qualified charity such as The Arc of Fort Bend County?

For more information, please contact:

Laura LaVigne, llavigne@arcoffortbend.org 281-494-5923.



To reserve your table or sponsorships, please contact Cheryl Olivier 281/494-5959, <u>adminassistant@arcoffortbend.org</u>.







May peace, love and happiness always be with you! Wishing you a very happy Fourth of July!





## Best in the West is fast approaching and we need a few auction items. Below is our **Wish List**!

- Vacation Homes, Time Share Weeks
- Travel vouchers, airline tickets
- Sporting event tickets: Astros, Texans, Rockets, Dynamo, U Of H, A&M, UT, LSU, Rice, Baylor
- Golf Outings
- Gift Cards or certificates for fine dining that are good for 2 to 4 people.
- Movie, ballet, symphony, opera, concert, or theatre tickets
- Hunting or fishing trips
- Services: haircut, make-up, manicure/pedicure, home decorating, photography, house cleaning, dental, fitness, spa, and gym memberships, car wash & details, oil changes
- Jewelry, handbags, fashion accessories
- Sports memorabilia
- Houston Livestock Show & Rodeo & Bar-B-Que Cookoff tickets
- Hotel stays Bed and Breakfast Austin, San Antonio, New Orleans. Dallas, etc.
- Casino getaways
- Wineries, breweries
- Assorted themed gift baskets
- Any other ideas?

If you would like to donate or think you can help with any of these items, please call Cheryl Olivier at The Arc's office at 281/494-5959 or email at <u>adminassistant@arcoffortbend.org</u>.



Sports Awards Banquet and Dance

Sunday, July 23, 2023 Safari Texas 11:30 a.m. – 2:00 p.m. Watch for your personal invitation! This Event is by Invitation Only!





## Teen Pals Network



Weekly conversations /meet-up with a High School peer

Build social skills and friendship



Questions or request an application: info@arcoffortbend.org 281-494-5959



Contact Karri Axtell for more information: <u>kaxtell@arcoffortbend.org</u>

# Help Support The Arc DONATE A VEHICLE

Easy Process | Free Towing | Tax Benefits

We are very excited to announce that The Arc has recently partnered with CARS (Charitable Adult Rides & Services) to run our vehicle donation program. We accept cars, trucks, motorcycles, ATVs, motorhomes, trailers, boats & many more.

Watch the video below for more information. Click on the car picture!

#### IS YOUR CLASSIC CAR COLLECTING DUST?



## ONLINE VEHICLE DONATION FORM AND MORE INFORMATION ARE AVAILABLE HERE.

Remember to select *The Arc of Fort Bend* as the participating chapter you'd like to donate to!



Virtual Teen/Tween Social - Summer! The Arc of Fort Bend County Friday, July 7, 2023 6 - 7 pm

Friday, August 4, 2023 6 - 7 pm



Beat the heat this summer and join us for Virtual Teen/Tween Social!

Teen/Tween Social is a fun social event with activities for Fort Bend County teens with intellectual or developmental disabilities who are 11-18 years of age.

> Connect with old friends & make new ones! Join us to socialize, play games & enjoy group activities!

> > Friday, July 7, 2023 6 - 7 pm & Friday, August 4, 2023 6 - 7 pm

Space is limited to keep the event sensory-friendly.



Space is limited to 15 Teens and 10 Volunteers. Sign up today!



Special Olympics Athlete Ambassadors Attended Golf Classic 2023 and wished all of the teams Good Luck!







Remember The Arc when shopping for this 4<sup>th</sup> of July holiday! Take a look at a few ways you can help The Arc by visiting:

## Ways you can support The Arc!



## Tuesday, June 27, 2023 12:00-1:00 PM

Please arrive at 11:45am to order lunch before the talk.

RSVP: classes@texanacenter.com

CAFE

GREAT INFORMATION

+ GREAT FOOD!

Parents' Perspectives on Supporting their Adult Children with Autism



This panel will present information from a parent's perspective regarding being a parent of an autistic adult. Panelists will discuss barriers, strategies, hardships, and success stories. The panel is intended to promote autism acceptance and provide some illustrations of how life can be when you or your child has autism. This panel is not intended to present the full spectrum of experiences, but the experiences of a couple of parents.



**TEXANA** CLEARING THE PATH WITH CARE.

Register at: https://www.txcpsh.org/workshops or call 972.439.5015

If you care for a family member with intellectual disabilities, please join us for two FREE workshop series:



Aging with Intellectual Disabilities: Understanding the Aging Process, Dementia Risk, and How to Get an Accurate Diagnosis

Friday, July 7, from 12:00 – 1:00 p.m.: Aging Process and Dementia Risk Presented by Dr. Tara Goodwin, Questcare Medical Clinic at Dallas Friday, July 14, from 11:00 a.m. – 12:00 p.m.: Symptoms of Dementia and Accurate Diagnosis

Presented by Dr. Tara Goodwin

#### Aging with ID and Dementia: Developing a Roadmap and Accessing Resources

Friday, July 21, from 12:00 - 1:00 p.m.: Developing a Plan, Understanding Treatment Options, and Making Home Dementia-Friendly

Friday, July 28, from 12:00 - 1:00 p.m.: Responding to Behaviors, Presented by Dr. Laura Golden, OTR, My Health My Resources Tarrant County Friday, August 4, from 12:00 – 1:00 p.m.: Resources for People with Dementia and

Family Advocates

The workshop series is sponsored by the North Central Texas Council of Governments and Community for Permanent Supported Housing, with funding from the Administration for Community Living. For more information, go to: https://www.nctcog.org/aging-services/dementia-friendly.





## **Autism Friendly Cruise**



Contact Joanne Feland at 707/292-5430 Email: joanne.feland@cruiseplanners.com Website: joannefeland.apassion4travel.com



Visit The Arc of Fort Bend County Facebook page for the latest tips, resources, community events, helpful videos and MORE.



## The Arc's Programs for Adults with IDD:

Adult Social Recreation (22+ years old) Special Olympics (22 + years old) Saturday Bowling (22 + years old) TwentySomethings (20-29 years old)

If you would like to be added to the email list for all of the adult programs <u>a membership is</u> <u>required as well as registration with one of the adult programs</u>. You can join The Arc of Fort Bend County online at <u>www.arcoffortbend.org/membership</u>.

RSVP's are mandatory for all events.

## Who to Contact:

Contact Nancy Dobert if you would like <u>2023</u> Registration information for the Adult-Social-Bowling program. Email: <u>nndobert@arcoffortbend.org</u> or phone <u>281-494-5926</u>

2023 Registration is required before you can participate in the Social-Recreation-Bowling program.

Reminder: Registration and weekly reservations are required.

If interested in joining **Special Olympics** or the **TwentySomethings** group, contact Pam Hollaway at <u>phollaway@arcoffortbend.org</u> or 281-494-5928.

## **Adult Social Recreation/Bowling**

June In-person Events:

**Afternoon at the Movies** June 24



### **Adult Social Bowling**

Returns in September 2023! nndobert@arcoffortbend.org





If any athlete's medical form has expired (3 years after submission date), please go to the link below and have one completed by your doctor's office. Return the medical form to Pam Hollaway at The Arc's office: 123 Brooks St., Sugar Land, TX 77478. <u>A Current Medical is Required to Participate in any Sport!</u>

Athlete Medical Form

#### **Events:**

**Golf, Softball, Bocce, and Swimming Practice** Starting in late July Watch your email for registration information!

Contact Pam Holloway at <u>phollaway@arcoffortbend.org</u> or 281/494-5928 for more information.



The Arc of Fort Bend County | 123 Brooks St, Sugar Land, TX 77478

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