March 2023

Would you like to learn how to express your commitment to the goals of The Arc of Fort Bend County? You could do this through a planned gift. Once you have provided for loved ones in your will, you may want to include a gift of money, stock or property to The Arc. Your gift will be a lasting tribute to your concern for the advocacy, services and programs The Arc provides, while guaranteeing our long-term future.

Did you know that annually, individuals 70.5 and older can transfer up to $100,000 as a Qualified Charitable Distribution (QCD) from their traditional IRA* to a qualified charity such as The Arc of Fort Bend County?

For more information, please contact:

Laura LaVigne, llavigne@arcoffortbend.org
281-494-5923.

The Direct Support Professionals Crisis

“As part of Disability Awareness Month, we want you to be aware of an issue which prevents people with IDD from living in the community. The Arc of Fort Bend County has partnered with parents and local providers of services to meet with our state legislators and advocate for increased pay for Direct Care Professionals (DSPs).”
An Invitation to Attend

The Arc
Fort Bend County

Annual Awards Dinner

Monday, April 24, 2023

Safari Texas
The Forum Ballroom

Dinner & Awards: 6:00 p.m.
RSVP by April 17, 2023, to Cheryl Olivier
281/494-5920

Pay by cash/check: 123 Brooks St., Sugar Land, TX 77478
Pay by credit card: www.arcoffortbend.org

Safari Texas is located at 11627 FM 1464,
Richmond, TX 77407

Click here to RSVP

You must RSVP by April 17, 2023!

Do you know someone who has done an outstanding job in supporting the mission of The Arc? Would you like to
nominate them for one of our awards? It's a great way to say "Thank you" to a hard-working volunteer/business/donor.

View our award categories and the nomination form here!

Please submit your nominations to The Arc office no later than Friday, March 30, 2023. llavigne@arcoffortbend.org

Thank you Troy Companies on your 10th year of sponsoring our annual Golf Classic! Every year you make a difference in the lives of people who want to live, work and play in our community.

Presented by

Save the Date

The Arc’s 29th Annual Golf Classic & Live Auction

MONDAY MAY 22, 2023
SWEETWATER COUNTRY CLUB
3400 PALM ROYALE BLVD, SUGAR LAND, TX 77479

Watch your mail and email, our website and Facebook page, @thearcoffortbendcounty for information regarding registration, sponsorships and donations. If you would like more information contact Cheryl Olivier administrator@arcoffortbend.org or (281) 494-6959.
www.arcoffortbend.org

Register now!

SCAN ME!
Ann Neslony volunteered at St. Theresa Catholic Church for many years and was instrumental in planning many parish events.

One of those events at the church which Mrs. Neslony scheduled and planned regularly was a dance for The Arc’s Social/Recreation program. The dances were held on Friday nights and were one of the favorite activities enjoyed each month by the 80+ adults who attended. Ann arranged the dances since the early 1980’s!

Thank you, Ann, for the time and energy you devoted to arranging the dances for so many years. Your efforts were appreciated by all.

Ann S. Neslony - Sugar Land Mortuary

Ann (Sturm) Neslony, 97, of Sugar Land, passed away peacefully in her home on March 15, 2023. Ann Louise Sturm was born on February 22, 1926, to Meta and Ernest Sturm in Cuero, Texas, and was the oldest of 9 children. After high school, she met the love of her life, Leonard Neslony and they [...]

Read More
Take Me Home Program

The Fort Bend County Sheriff’s Office reached out to ImageSoft who created SafeEncounter a secure registry for those who can benefit from this program. The system includes a current digital picture, demographic information and caregiver contacts.
Teen/Tween & TwentySomethings Social - 2023

ONE NIGHT ONLY
Friday, March 31

TWO FUN GROUPS!
Teen/Tweens: Age 11 - 18 Fort Bend residents with IDD
TwentySomethings: Age 19 - 29 members of The Arc

Play Games, Sports, Crafts, Movement Activities,
Socialize 1 to 1 or Small Groups

SPACE IS LIMITED * PRE-REGISTRATION REQUIRED

TEENS REGISTER AT ARCOFFORTBEND.ORG
TWENTYSOMETHINGS EMAIL:
PHOLLAWAY@ARCOFFORTBEND.ORG

LOCATION
CHRIST CHURCH Sugar Land @
Family Life Center
3300 Austin Pkwy
Sugar Land, TX 77479

TwentySomethings participants, please email
Pam Hollaway to register: phollaway@arcoffortbend.org

Teen participants please register at
https://arcoffortbend.org/respite-program-registration/
MONDAY NIGHT SOCIAL

PEER SUPPORT FOR ADULT SIBLINGS OF A PERSON WITH IDD

MONDAY, APRIL 3, 2023 @ 6 PM

Texas Roadhouse Restaurant
(Brazos Town Center)
24020 Southwest Fwy
Rosenberg, TX 77471

RSVP by March 27th
https://bit.ly/3Zz1C8t

Adult sibling & “plus one” (spouse, family, friend) may RSVP.
Non-alcoholic beverages & appetizers will be served.

Adult Sibling Connection offers peer support in a social setting for Fort Bend Co. neuro-typical adults age 18+
WWW.ARCOFFORTBEND.ORG

REGISTER NOW!
DO YOU HAVE A BROTHER OR SISTER WHO HAS IDD?
THIS FUN NIGHT IS JUST FOR YOU – THE NEUROTYPICAL SIBLING

Meet other teens who understand the joy & challenge of having a brother or sister with IDD. Have fun & de-stress!

- FREE EVENT
- FOOD & DRINK
- GAMES
- SOCIALIZE
- MAKE NEW FRIENDS

FRIDAY APRIL 14, 2023
5:30 – 7:30 PM

CHRIST CHURCH
SUGAR LAND
3300 Austin Pkwy
Sugar Land

Teen Sibling Connection offers peer support in a fun, recreational environment for Fort Bend Co. neurotypical high school teens age 13 – 19

arcofortbend.org  281-494-5959

Sign Up!
Yoga for All
Where everyone is an athlete

Saturday, April 1st • 10-11:30 am
@ KARBACH BREWING & COMPANY

- Inclusive yoga led by Mynette Murtagh Randall and Bloom athletes
- Sound bowls led by Fariha Meguid
- First 30 registrants receive Vuori yoga mat
- First 400 attendees will receive a Vuori/Bloom t-shirt and swag bag
- Music by the HUBCAPS band

This is a free community event. Registration is required.

Platinum Sponsor: Vuori
Gold Sponsor: Waterbridge
Silver Sponsor: The Rezai Family
Bronze Sponsor: HCR

In Kind Donors: Always Creative, Night Owls, Karbach Brewery, HUBCAPS

LEAD WITH HEART. FITNESS FOLLOWS.

BLOOMFITNESS.ORG
Family Fun Fest
Save the Date!
April 22, 2023
River Pointe Church, Richmond
Mark your calendars!
November 11, 2023 at the George Ranch
The Arc's Programs for Adults with IDD:

Adult Social Recreation (22+ years old)
Special Olympics (22 + years old)
Saturday Bowling (22 + years old)
TwentySomethings (20-29 years old)

If you would like to be added to the email list for all of the adult programs, a membership is required as well as registration with one of the adult programs. You can join The Arc of Fort Bend County online at www.arcoffortbend.org/membership.

RSVP's are mandatory for all events.

Who to Contact:

Contact Nancy Dobert if you would like 2023 Registration information for the Adult-Social-Bowling program.
Email: nndobert@arcoffortbend.org or phone 281-494-5926

2023 Registration is required before you can participate in the Social-Recreation-Bowling program.

Reminder: Registration and weekly reservations are required.

If interested in joining Special Olympics or the TwentySomethings group, contact Pam Hollaway at phollaway@arcoffortbend.org or 281-494-5928.

Adult Social Recreation/Bowling

March In-person Events:
Houston Rodeo
March 7 - New Kids on The Block

Adult Social Bowling
Bowlero Stafford Lanes
(Formerly AMF Stafford Lanes)
4919 South Main
Stafford, TX 77477
March 4, 11, 18 & 25
11:00 am - 1:30 pm
RSVP REQUIRED to Nancy Dobert!
nndobert@arcoffortbend.org

TwentySomethings Social
Friday, March 31
Christ Church Sugar Land
Family Life Center
RSVP to phollaway@arcoffortbend.org

If any athlete's medical form has expired (3 years after submission date), please go to the link below and have one completed by your doctor's office. Return the medical form to Pam Hollaway at The Arc's office: 123 Brooks St., Sugar Land, TX 77478.
A Current Medical is Required to Participate in any Sport!

Athlete Medical Form

Events:

Tennis Practice
Tuesday, March 21
Missouri City Parks & Rec Center

**Soccer Practice**
Wednesday, March 22
Highlands Elementary School
Sugarland, TX

**Track & Field Practice**
Wednesday, March 22
Travis High School
Richmond, TX

**Regional Basketball Competition**
Saturday, March 25
Pearland, TX

Contact Pam Holloway at [phollaway@arcoffortbend.org](mailto:phollaway@arcoffortbend.org) or 281/494-5928 for more information.