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**March 2023**



Would you like to learn how to express your commitment to the goals of The Arc of Fort Bend County? You could do this through a planned gift. Once you have provided for loved ones in your will, you may want to include a gift of money, stock or property to The Arc. Your gift will be a lasting tribute to your concern for the advocacy, services and programs The Arc provides, while guaranteeing our long-term future.

Did you know that annually, individuals 70.5 and older can transfer up to \$100,000 as a Qualified Charitable Distribution (QCD) from their traditional IRA\* to a qualified charity such as The Arc of Fort Bend County?

For more information, please contact:

Laura LaVigne,  
[llavigne@arcoffortbend.org](mailto:llavigne@arcoffortbend.org)  
281-494-5923.



### The Direct Support Professionals Crisis

“As part of Disability Awareness Month, we want you to be *aware* of an issue which prevents people with IDD from living in the community. The Arc of Fort Bend County has partnered with parents and local providers of services to meet with our state legislators and advocate for increased pay for Direct Care Professionals (DSPs).”





*Thank You For  
Your Donation*

Paul Horak

PreActive IT Services

Selesky Pest Control

*An Invitation to  
Attend*



**The Arc**  
Fort Bend County

*Annual Awards  
Dinner*

Monday, April 24, 2023

**Safari Texas  
The Forum Ballroom**

Dinner & Awards: 6:00 p.m.  
RSVP by April 17, 2023, to Cheryl Olivier  
281/494-5920

Pay by cash/check: 123 Brooks St., Sugar Land, TX 77478  
Pay by credit card: [www.arcoffortbend.org](http://www.arcoffortbend.org)

Safari Texas is located at 11627 FM 1464,  
Richmond, TX 77407

**Click here to  
RSVP**

**You must RSVP by April 17, 2023!**



Do you know someone who has done an outstanding job in supporting the mission of The Arc? Would you like to

nominate them for one of our awards? It's a great way to say "Thank you" to a hard-working volunteer/business/donor.

View our award categories and the nomination form here!

Please submit your nominations to The Arc office no later than Friday, March 30, 2023.

[llavigne@arcoffortbend.org](mailto:llavigne@arcoffortbend.org)



**The Arc**  
Fort Bend County  
Golf Classic

Presented by  
**TROY**

*Save the Date*

The Arc's 29th Annual  
Golf Classic & Live Auction

**MONDAY MAY 22, 2023**  
SWEETWATER COUNTRY CLUB  
4400 PALM ROYALE BLVD, SUGAR LAND, TX 77479

Watch your mail and email, our website and Facebook page, @thearcoffortbendcounty for information regarding registration, sponsorships and donations. If you would like more information contact:  
Cheryl Olivier adminassistant@arcoffortbend.org or (281) 494-5959.  
www.arcoffortbend.org

*Presented by*



Thank you Troy Companies on your 10th year of sponsoring our annual Golf Classic! Every year you make a difference in the lives of people who want to live, work and play in our community.



**SCAN ME!**



## *In Loving Memory*

Ann Neslony volunteered at St. Theresa Catholic Church for many years and was instrumental in planning many parish events.

One of those events at the church which Mrs. Neslony scheduled and planed regularly was a dance for The Arc's Social/Recreation program. The dances were held on Friday nights and were one of the favorite activities enjoyed each month by the 80 + adults who attended. Ann arranged the dances since the early 1980's!

Thank you, Ann, for the time and energy you devoted to arranging the dances for so many years. Your efforts were appreciated by all.



### **Ann S. Neslony - Sugar Land Mortuary**

Ann (Sturm) Neslony, 97, of Sugar Land, passed away peacefully in her home on March 15, 2023. Ann Louise Sturm was born on February 22, 1926, to Meta and Ernest Sturm in Cuero, Texas, and was the oldest of 9 children. After high school, she met the love of her life, Leonard Neslony and they [...]

[Read  
More](#)



## Take Me Home Program

The Fort Bend County Sheriff's Office reached out to ImageSoft who created SafeEncounter a secure registry for those who can benefit from this program. The system includes a current digital picture, demographic information and caregiver contacts.

[Read  
More](#)

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# Teen/Tween & TwentySomethings Social - 2023



**ONE NIGHT  
ONLY**

**Friday,  
March 31**



## **TWO FUN GROUPS!**

**Teen/Tweens: Age 11 - 18 Fort Bend residents with IDD**

**TwentySomethings: Age 19 - 29 members of The Arc**

**Play Games, Sports, Crafts, Movement Activities,  
Socialize 1 to 1 or Small Groups**

**SPACE IS LIMITED \* PRE-REGISTRATION REQUIRED**

**TEENS REGISTER AT [ARCOFFORTBEND.ORG](https://arcoffortbend.org)**

**TWENTYSOMETHINGS EMAIL:  
[PHOLLAWAY@ARCOFFORTBEND.ORG](mailto:PHOLLAWAY@ARCOFFORTBEND.ORG)**

## **LOCATION**



**CHRIST CHURCH Sugar Land @  
Family Life Center  
3300 Austin Pkwy  
Sugar Land, TX 77479**

**TwentySomethings** participants, please email  
[Pam Hollaway to register: phollaway@arcoffortbend.org](mailto:phollaway@arcoffortbend.org)

**Teen** participants please register at  
<https://arcoffortbend.org/respice-program-registration/>

**MONDAY NIGHT SOCIAL**

**PEER SUPPORT  
FOR ADULT SIBLINGS  
OF A PERSON WITH IDD**

**MONDAY, APRIL 3, 2023**  
**@ 6 PM**



**Texas Roadhouse Restaurant**  
**(Brazos Town Center)**  
**24020 Southwest Fwy**  
**Rosenberg, TX 77471**

RSVP by March 27th  
<https://bit.ly/3Zs1C8t>

Adult sibling & "plus one" (spouse, family, friend) may RSVP.  
Non-alcoholic beverages & appetizers will be served.



Adult Sibling Connection offers peer support in a social  
setting for Fort Bend Co. neuro-typical adults age 18 +

[WWW.ARCOFFORTBEND.ORG](http://WWW.ARCOFFORTBEND.ORG)

**REGISTER NOW!**

**DO YOU HAVE A BROTHER OR SISTER WHO HAS IDD?**  
**THIS FUN NIGHT IS JUST FOR YOU – THE NEUROTYPICAL SIBLING**

*Meet other teens who understand the joy & challenge of  
having a brother or sister with IDD. Have fun & de-stress!*

- FREE EVENT
- FOOD & DRINK
- GAMES
- SOCIALIZE
- MAKE NEW FRIENDS



[Sign Up](#)

IDD: Intellectual or developmental disability. Examples: Autism, Down Syndrome, Cerebral Palsy

**FRIDAY APRIL 14, 2023**

**5:30 – 7:30 PM**

**CHRIST CHURCH  
SUGAR LAND**

3300 Austin Pkwy  
Sugar Land



Teen Sibling Connection offers peer support in a fun, recreational environment for Fort Bend Co. neurotypical high school teens age 13 – 19

[arcoffortbend.org](http://arcoffortbend.org) 281-494-5959

**Sign Up!**





Lead all people with intellectual and developmental disabilities (IDD) to a lifetime of fitness.



## Yoga for All

*Where everyone  
is an athlete*

Saturday, April 1st • 10-11:30 am



**KARBACH**  
BREWING ★ COMPANY

- Inclusive yoga led by Mynette Murtagh Randall and Bloom athletes
- Sound bowls led by Farida Meguid
- First 30 registrants receive Vuori yoga mat
- First 400 attendees will receive a Vuori/Bloom t-shirt and swag bag
- Music by the HUBCAPS band

This is a free community event. Registration is required.



**Platinum Sponsor**  
**VUORI**

**Gold Sponsor**  
 **WATERBRIDGE**

**Silver Sponsor**  
The Rezai Family

**Bronze Sponsor**  


In Kind Donors: Always Creative, Night Owls, Karback Brewery, HUBCAPS

LEAD WITH HEART. FITNESS FOLLOWS.

[BLOOMFITNESS.ORG](https://BLOOMFITNESS.ORG)

# WANTED

**MEMBERS OF THE ARC  
ENJOYED NEW KIDS ON THE  
BLOCK**



**REWARD**

# \$10,000



*Fred and Mabel R Parks Foundation*

*presents*



**FAMILY FUN FEST**

**SAVE THE DATE!**

**April 22, 2023**

**River Pointe Church, Richmond**

# ADAPTED RECREATION



The Missouri City Parks and Recreation Department is excited to offer programs and events that encourage active participation for youth and adults with various disabilities or limitations. Our goal is to provide a safe space that promotes socialization, wellness education, and FUN! Check out the programs we are currently offering below!

ACTIVITY	FREQUENCY	COST
B-Fit Universal	Mondays, 5-6pm	\$50 per month
Trail Troopers	Tuesdays, 8:30-9:30am	FREE
Rhythm & Drum Circle	2nd Saturdays of the month, 1-2pm	\$10 per session
Games & Garden	2nd & 4th Wednesdays, 4:30-6pm	\$5 day pass
Special Olympics Soccer	Tuesdays, 5-6pm (beginning March 7)	\$10 for the season
Adapted Pickleball Workshops	Session 1: March 1 & 8 Session 2: March 22 & 29	\$10 per session

For more details, visit  
[mctxparks.com](http://mctxparks.com), or send an email to  
[allison.vickery@missouricitytx.gov](mailto:allison.vickery@missouricitytx.gov)



Mark your calendars!  
November 11, 2023 at the George Ranch





Visit The Arc of Fort Bend County  
Facebook page  
for the latest tips, resources, community events,  
helpful videos and MORE.



## The Arc's Programs for Adults with IDD:

Adult Social Recreation (22+ years old)  
Special Olympics (22 + years old)  
Saturday Bowling (22 + years old)  
TwentySomethings (20-29 years old)

If you would like to be added to the email list for all of the adult programs, a membership is required as well as registration with one of the adult programs. You can join The Arc of Fort Bend County online at [www.arcoffortbend.org/membership](http://www.arcoffortbend.org/membership).

RSVP's are mandatory for all events.

### Who to Contact:

Contact Nancy Dobert if you would like 2023 Registration information for the Adult-Social-Bowling program.

Email: [nndobert@arcoffortbend.org](mailto:nndobert@arcoffortbend.org) or phone 281-494-5926

2023 Registration is required before you can participate in the Social-Recreation-Bowling program.

Reminder: Registration and weekly reservations are required.

If interested in joining **Special Olympics** or the **TwentySomethings** group, contact Pam Hollaway at [phollaway@arcoffortbend.org](mailto:phollaway@arcoffortbend.org) or 281-494-5928.

## Adult Social Recreation/Bowling

### March In-person Events:



## Houston Rodeo

March 7 - New Kids on The Block



## Adult Social Bowling

Bowlero Stafford Lanes  
(Formerly AMF Stafford Lanes)

4919 South Main

Stafford, TX 77477

March 4, 11, 18 & 25

11:00 am - 1:30 pm

**RSVP REQUIRED to Nancy Dobert!**

[nndobert@arcoffortbend.org](mailto:nndobert@arcoffortbend.org)



## TwentySomethings Social

Friday, March 31

Christ Church Sugar Land

Family Life Center

RSVP to [phollaway@arcoffortbend.org](mailto:phollaway@arcoffortbend.org)



**Special  
Olympics**



If any athlete's medical form has expired (3 years after submission date), please go to the link below and have one completed by your doctor's office. Return the medical form to Pam Hollaway at The Arc's office: 123 Brooks St., Sugar Land, TX 77478.

A Current Medical is Required to Participate in any Sport!

[Athlete Medical Form](#)

## Events:

### Tennis Practice

Tuesday, March 21

Missouri City Parks & Rec Center

### **Soccer Practice**

Wednesday, March 22  
Highlands Elementary School  
Sugarland, TX

### **Track & Field Practice**

Wednesday, March 22  
Travis High School  
Richmond, TX

### **Regional Basketball Competition**

Saturday, March 25  
Pearland, TX

Contact Pam Holloway at [phollaway@arcoffortbend.org](mailto:phollaway@arcoffortbend.org) or 281/494-5928 for more information.

## The Arc of Fort Bend County

123 Brooks St  
Sugar Land, TX 77478  
Phone: 281-494-5959

For more information about The Arc,  
visit our website

[www.arcoffortbend.org](http://www.arcoffortbend.org)

Contact Us



The Arc of Fort Bend County | 123 Brooks St, Sugar Land, TX 77478

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with



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